

# Grief & Loss

Infant and young Toddler (0 - 2 years)

Concept of Death

Death seen as separation and/or abandonment.

Grief Response

Sense rather than understanding person is gone.  
Senses through emotions of family/household and disruption in routine.

Signs of Distress

Difficulty toileting, sleeping.  
May see increased clinginess.  
May regress in regulation seen as temper tantrums and increased crying

How You Can Support

Continued reassurance of their security.  
Providing increased physical comfort.  
Maintaining consistent routine.