

If My Sibling Goes to the Hospital...

If your sibling needs to go to the hospital unexpectedly...

Plan for HOW you would like to be told:

Plan for WHO you would want to tell you:

What do you want to know about why or what is happening at the hospital? What do you NOT want to know?

Other than parent/parents/caregivers, list other adults you want to get support from:

If your parent/parents/caregivers need to stay at the hospital, who do you want to stay with?

Is it helpful for your teacher/teachers know when your brother/sister is hospitalized?
yes / no

Is it helpful for your friends to know when your brother/sister is hospitalized? yes / no

What parts of your routine or weekly activities are important to continue even if your parent/parents/caregiver are not available?

Help others to know what it is like for you when your brother/sister is in the hospital...

Some things that are helpful are:

Some things that are hard are: